

GATE KEEPING INSTRUCTIONS

1. There will be a designated Head Gate Keeper for each course.
2. Each gate keeper will be assigned gates to watch. There will be a gate keeper meeting at race headquarters 30 minutes prior to race start.
3. Gate keepers need a set of poles to signal with – if you do not have a pair, stop at race headquarters.
4. All gate keepers will be issued cards.
5. Gate keepers need to only record disqualifications (DQ's), reason for DQ's and racer's bib number.
6. A racer is disqualified if:
 - a. They miss a gate and continue through the finish.
 - b. They straddle a gate (both skis must go around the gate). Skiers are allowed to hit a gate.
 - c. Accepts outside help during a race.

If you are unsure about a DQ, the skier gets the benefit of the doubt. Don't DQ them.

7. DNF's (Did Not Finish): Gate keepers need not record DNF's, but need to instruct skiers to ski off the course if one of the following occurs:
 - a. A skier falls and a ski comes off. If not hurt, instruct and assist the skier if necessary to clear the course, and to proceed off course. Instruct them not to cross the finish line. There is an exception to this rule, and that is if a skier loses a ski with only 2 gates to go of the finish, they may continue through the finish on one ski.
 - b. If a skier falls, does not lose a ski, but decides to "give up" and not hike up to the missed gate, instruct them to ski off course. They will be given a DNF.
 - c. If a skier falls and is injured, assist them and signal for ski patrol. Sticking a pair of skis or poles in the snow uphill from the injured skier in the shape of an "X" is a good way to signal on-coming traffic that a skier is down.
8. If a skier is obstructed by a person or piece of equipment and looks to you for instruction, tell them to ski off the course, do not cross the finish, and they will be granted a re-run.
9. If a skier misses a gate, or falls and does not lose a ski, they may hike up to the gate they missed and continue on through the course. Tell them which gate to hike to, then give them the command "Go".
10. A skier may continue if they lose any piece of equipment other than a ski.
11. Gate keepers are not allowed to help a fallen skier get up, if they are able to do so on their own, but if safety is an issue, or a very young skier needs help, do not hesitate to do so.
12. To signal up the hill to temporarily stop a race for any reason, hold your poles above your head in the form of an "X". This is especially important for those gate keepers on the headwall to signal the starter if a skier is down on the course as the starter can not see past the headwall.